

August 8, 2019

The Art Of Wellness: These Properties Are The Ultimate Health And Fitness Oasis

by Alejandra Tenorio

The wellness real estate market is estimated to be worth [\\$180 billion by 2022](#), and new buildings and residential homes are upping their fitness and wellness amenities left and right. We're rounding up the five hottest properties from New York City to Miami that feature jaw-dropping wellness amenities for the fitness aficionado.



Photo courtesy of HOMAGE

[The Alyn](#) by [Gordon Property Group](#), officially announced its partnership with fitness company, [HOMAGE](#). The venture was created by personal trainers and brother duo, Eric and Ryan Johnson, who have trained a number of high-profile clients such as Scarlett Johansson, Ryan Gosling, Sebastian Stan, and Olivia Cooke. Through this partnership, The Alyn brought in the HOMAGE team to have the company design the building's multi-level fitness facility, as well as facilitate the onsite fitness class programming. This is the first time tenants will have access to the same training as Hollywood's top celebs.

HAUTE RESIDENCE



Photo courtesy of One River Point

Luxury projects [2000 Ocean](#) and [One River Point](#) are incorporating organic, locally-sourced, quality ingredients into his developments and their restaurants. Residents will be able to order complimentary wheatgrass shots which will be available on demand. Each development will feature its own signature health drink and a specifically-designed healthy snack menu. These amenities will be across the board at 2000 Ocean, in partnership with [the Wright Fit](#) who will handle the health and wellbeing aspects of the project, and at One River Point in its riverfront restaurant, pool deck restaurant and the restaurant in the private Sky Club.



Photo courtesy of Akoya

HAUTE RESIDENCE

[Akoya Boca West](#) in Boca Raton, Florida, provides its residents with access to an exclusive partnership with the nearby hospital through which Akoya can coordinate on-site doctor visits, book medical visits, in-home appointments, and more, at any time of day. A healthy step up from simply dinner reservations, tickets to a show, or a private chauffeur.



Photo courtesy of The Jills Zeder Group

[The Regalia Penthouse](#), listed by [The Jills Zeder Group](#), encompasses the top three floors of the building and features a [\\$1 million](#), 1,500 square foot his-and-her bathroom and full spa with a Jacuzzi tub, towel-warming wall and more. Surrounded by spectacular views, the Master Bathroom is clad in extraordinary Calacatta Marble slabs with a private sauna and steam room.